

<b><u>Scientific name</u></b>	<b><u>Common name</u></b>	<b><u>Edible part(s) / Uses</u></b>	<b><u>References</u></b>
<b>Acrotriche serrulata</b>	<b>Ground berry, Honey Pots</b>	<b>fruit</b>	<b>TL14,128</b>
<b>Acacia sp.</b>	<b>Wattles</b>	<b>Seeds roasted, bark medicine, gum, host for edible grubs</b>	<b>TL179,152</b>
<b>A. melanoxylon</b>	<b>Wattle, Blackwood</b>	<b>Fish poison</b>	<b>AW190, AT22, NPBM58</b>
<b>Acianthus reniformis</b> <b>Cyrtostylis reniformis</b>	<b>Mosquito orchid</b>	<b>tuber</b>	<b>Net pics</b>
<b>Acmena smithii</b>	<b>Lillypilly</b>	<b>fruit</b>	<b>TL74,75, AT34</b>
<b>Arthropodium milleflorum</b>	<b>Vanilla lily</b>	<b>Tuber (cooked)</b>	<b>TL102,212,100</b>
<b>Amyema sp.</b>	<b>Mistletoes</b>	<b>fruit</b>	<b>TL181,126</b>
<b>Banksia sp.</b>	<b>Banksias</b>	<b>Nectar, grub</b>	<b>TL142</b>
<b>Billardiera scandens</b>	<b>Apple berry</b>	<b>fruit</b>	<b>TL124,BFC9</b>
<b>Blechnum sp.</b>	<b>Ground ferns</b>	<b>Rhizome, sap medicinal</b>	<b>TL58</b>
<b>Brachychiton populneum</b>	<b>Kurrajong</b>	<b>Seed, gum; fibre for twine</b>	<b>TL183</b>
<b>Bulbine bulbosa</b>	<b>Native leek</b>	<b>Bulb (cooked)</b>	<b>TL20,103,214,100</b>
<b>Caladenia sp.</b>	<b>Ground orchids</b>	<b>tuber</b>	<b>AW290,292,TL215</b>
<b>Callistemon sp.</b>	<b>Bottlebrushes</b>	<b>nectar</b>	<b>AW226-232,22,218</b>
<b>Cryptostylis sp.</b>	<b>Ground orchids</b>	<b>tuber</b>	<b>KGAW120,122</b>
<b>Casurina stricta</b>	<b>Mountain she-oak</b>	<b>Leaves &amp; young cones, contraceptive</b>	
<b>Cissus sp.</b>	<b>Native grapes</b>	<b>Fruit, root medicinal</b>	<b>TL62,NPBM66</b>

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<b>Cyathea australis</b>	<b>Tree fern</b>	<b>Starchy pith, young fronds; medicinal tonic</b>	<b>TL86</b>
<b>Dendrobium sp.</b>	<b>Rock orchids, King Orchid</b>	<b>bulb</b>	<b>AW300- 302,TL108,NPBM72,48</b>
<b>Dichopogon strictus</b>	<b>Chocolate lily</b>	<b>Tuber (raw or cooked) flowers raw</b>	<b>TL105,214</b>
<b>Dicksonia antarctica</b>	<b>Soft tree fern</b>	<b>Pith, fronds; tonic</b>	
<b>Dioscorea transversa</b>	<b>Long yam</b>	<b>Tuber, leach to detoxify; sap anti- skin cancer</b>	
<b>Dipodium punctatum</b>	<b>Hyacinth orchid</b>	<b>tuber</b>	
<b>Doryphora sassafras</b>	<b>Sassafras</b>	<b>Tonic infusion from bark</b>	
<b>Drosera peltata</b>	<b>Pale sundew</b>	<b>Medicinal – asthma, whooping cough</b>	
<b>Duboisia myoporoides</b>	<b>Corkwood</b>	<b>narcotic</b>	
<b>Eleocharis sphacelata</b>	<b>Water chestnut</b>	<b>tuber</b>	
<b>Eucalyptus sp.</b>	<b>Gum trees</b>	<b>gum</b>	
<b>E. gummifera</b>	<b>Red bloodwood</b>	<b>nectar</b>	
<b>Eustrephus latifolius</b>	<b>Wombat berry</b>	<b>tuber</b>	
<b>Exocarpus cupressiformis</b>	<b>Wild cherry</b>	<b>Fruit; medicinal</b>	
<b>Ficus coronata</b>	<b>Sandpaper fig</b>	<b>Fruit; leaves used for wood working</b>	
<b>Gahnia sp.</b>	<b>Sedges</b>	<b>Leaf buds; seeds antiseptic</b>	
<b>Gastrodia sesamoides</b>	<b>Potato orchid</b>	<b>tuber</b>	

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<b>Glossodia australis</b>	<b>Wax lip orchid</b>	<b>tuber</b>	
<b>Grevillia sp.</b>	<b>Spider flowers</b>	<b>nectar</b>	
<b>Haemodorum corymbosum</b>	<b>Blood root</b>	<b>Rhizome; anti-venom</b>	
<b>Hakea sp.</b>	<b>Hakea</b>	<b>Nectar; ash for cuts and sores</b>	
<b>Isotoma sp.</b>	<b>Bluebells</b>	<b>narcotic</b>	
<b>Lambertia formosa</b>	<b>Mountain devil</b>	<b>nectar</b>	
<b>Leptomeria acida</b>	<b>Sour currant bush</b>	<b>fruit</b>	
<b>Lomandra longifolia</b>	<b>Mat rush</b>	<b>Leaf base; fibre for dilly bags</b>	
<b>Lomatia silicifolia</b>	<b>Lomatia</b>	<b>nectar</b>	
<b>Lycopodium sp.</b>	<b>Club mosses</b>	<b>Coughs, gout, diarrhoea</b>	
<b>Macrozamia communis</b>	<b>Cycad, burrawang</b>	<b>Seed kernels edible after leaching &amp; roasting tuber</b>	
<b>Marsdenia flavescens</b>	<b>Native potato</b>	<b>Tuber, leaf, stem</b>	
<b>Marsilea mutica</b>	<b>Nardoo</b>	<b>Starchy spore cases ground and baked</b>	
<b>Microtis sp.</b>	<b>Onion orchids</b>	<b>bulb</b>	
<b>Persoonia sp.</b>	<b>Geebung</b>	<b>Fruit, antibiotic</b>	
<b>Podocarpus sp.</b>	<b>Plum pine</b>	<b>Kernel, stalk</b>	
<b>Polygonum hydropipa</b>	<b>Water pepper</b>	<b>Root; stem crushed for fish poison</b>	
<b>Prasophyllum fimbriatum</b>	<b>Fringed midge orchid</b>	<b>tuber</b>	
<b>Pteridium esculentum</b>	<b>Bracken fern</b>	<b>Rhizome, frond</b>	
<b>Pterostylus sp.</b>	<b>Green hood orchids</b>	<b>tuber</b>	

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<b>Rubus sp.</b>	<b>Native raspberries</b>	<b>Fruit; contraceptive</b>	
<b>Sambucus australasica</b>	<b>Native elderberry</b>	<b>fruit</b>	
<b>Scaevola sp.</b>	<b>Fan flowers</b>	<b>Root decoction for stomach pains, steam bath for respiratory complaints</b>	
<b>Scirpus litoralis</b>	<b>Club-rush</b>	<b>tuber</b>	
<b>Smilax glycyphilla</b>	<b>Sarsaparilla</b>	<b>Tonic</b>	
<b>Solanum aviculare</b>		<b>fruit</b>	
<b>S. laciniatum</b>	<b>Kangaroo apple</b>	<b>fruit</b>	
<b>Sphagnum</b>	<b>Peat moss</b>	<b>Wound dressing</b>	
<b>Styphelia trifolia</b>	<b>Pink five corners</b>	<b>fruit</b>	
<b>S. tubiflora</b>	<b>Heath</b>	<b>fruit</b>	
<b>Syzygium paniculatum</b>	<b>Magenta lillypilly</b>	<b>fruit</b>	
<b>Thelymitra sp.</b>	<b>Sun orchids</b>	<b>tuber</b>	
<b>Tasmannia insipida</b>	<b>Pepper tree</b>	<b>Fruit, leaf</b>	
<b>T. lanceolata</b>	<b>Mountain pepper</b>	<b>Fruit, leaf</b>	
<b>Triglochin procera</b>	<b>Water ribbon</b>	<b>tuber</b>	
<b>Typha sp.</b>	<b>Bulrush</b>	<b>Rhizome; for dysentery</b>	
<b>Xanthorrea australis</b>		<b>Young shoots, edible grubs</b>	
<b>Xyris ustulata</b>		<b>antiseptic</b>	

TL = Tim Low, AW = Field Guide to Australian Wildflowers, AT = Australian Trees, NPBM = Native Plants of the Blue Mountains, KGAW = Key Guide to Australian Wildflowers, SW = Some Plants are Poisonous, BFC = Bush Foods Companion, TB = Tom Brown's Field Guide to Wilderness Survival